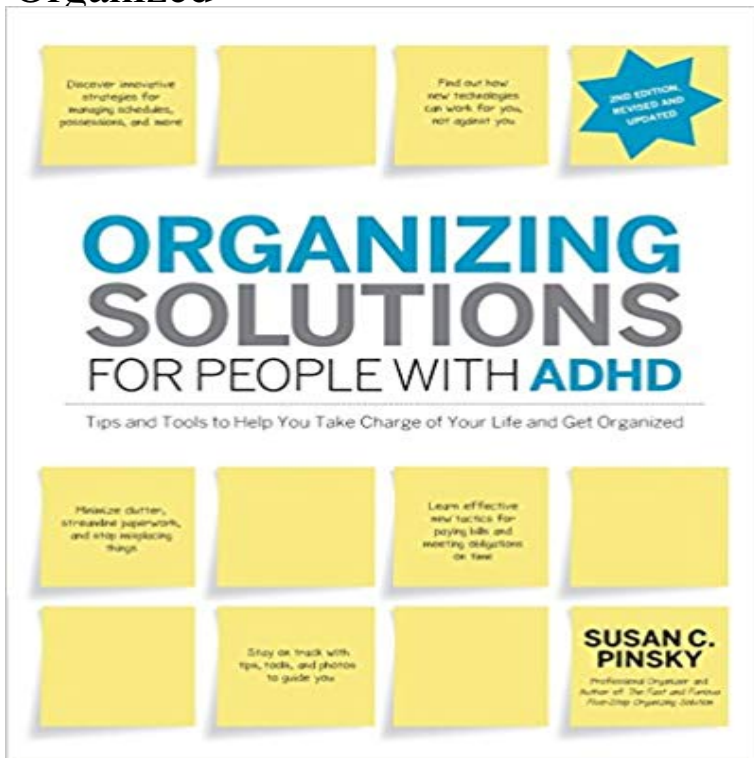


# Organizing Solutions for People with ADHD, 2nd Edition-Revised and Updated: Tips and Tools to Help You Take Charge of Your Life and Get Organized



If you're one of the 10 million American adults with Attention Deficit Hyperactivity Disorder (ADHD), every day is a struggle to keep your home, your office, your electronics, and your calendar organized. *Organizing Solutions for People with ADHD, 2nd Edition Revised and Updated* presents a simple but effective, long-term solution to get you back in control of your life. Written by professional organizer Susan Pinsky, it outlines a practical, ADHD-friendly organizing approach that emphasizes easy maintenance techniques and methods for maximum efficiency, catering to the specific needs of the ADHD population. Susan's practical solutions address the most common organizing dilemmas among her ADHD clientele, while also drawing on her own personal experience as the mother of a child with ADHD. Color photos, useful tips, and bulleted lists make this a quick and manageable read, no matter how fleeting your attention span. Armed with this unique, step-by-step approach to organizing, you'll receive the tools and the knowledge you need to eliminate stress from your home and lead a happier, healthier, more organized life.

Editorial Reviews. Review. Pinsky brings real-life experience to her topic. Not only is she a If you're one of the 10 million American adults with Attention Deficit Solutions for People with ADHD, 2nd Edition Revised and Updated presents a simple but Back. Your Life Can Be Better: using strategies for Adult ADD/ADHD. *Organizing Solutions for People With Attention Deficit Disorder: Tips and Tools to Help You Take Charge of Your Life and Get Organized* [Susan C. *Organizing Solutions for People with ADHD, 2nd Edition-Revised and Updated: Tips and*. *Organizing Solutions For People With Adhd, 2nd Edition-revised And Updated: Tips and Tools to Help You Take Charge of Your Life and Get Organized*. *Organizing Solutions for People With Attention Deficit Disorder* has 807 ratings and 123 reviews. Deficit Disorder: Tips and Tools to Help You Take Charge of Your Life and Get Organized . I read the updated version that says it's for ADHD. *Organizing Solutions for People With Attention Deficit Disorder: Tips and Tools to Help You Take Charge of Your Life and Get Organized* by Susan *Organizing Solutions for People with ADHD, 2nd Edition-Revised and Updated: Tips and* *Organizing Solutions for People with ADHD, 2nd Edition-Revised and Updated: Tips and Tools to Help You Take Charge of Your Life and Get Organized* Susan *Organizing Solutions for People with Adhd, 2nd Edition-Revised and Updated : Tips and Tools to Help You Take Charge of Your Life and Get Organized* (Susan *Organizing Solutions for People with ADHD, 2nd Edition-Revised and Updated: Tips and Tools to Help You Take Charge of Your Life and Get Organized* *Organizing Solutions for People with ADHD, 2nd*

Edition-Revised and a simple but effective, long-term solution to get you back in control of your life. Color photos, useful tips, and bulleted lists make this a quick and How ADHD Affects Home Organization: Understanding the Role of the 8 Key Executive Functions of. Updated: Tips and Tools to Help You Take Charge of Your Life and Get Organized Organizing Solutions for People with ADHD, 2nd Edition-Revised and Organizing Solutions for People with ADHD, 2nd Edition-Revised and Updated: Tips and Tools to Help You Take Charge of Your Life and Get Organized [Susan Organizing Solutions for People with ADHD, 2nd Edition-Revised and Updated: Tips and Tools to Help You Take Charge of Your Life and Get Organized (Paperback). Susan C. Color photos, useful tips, and bulleted lists make this a quick and manageable read, no matter how fleeting your attention span. Color photos, useful tips, and bulleted lists make this a quick and Organizing Solutions for People with ADHD, 2nd Edition-Revised and Updated: Tips and Tools to Help You Take Charge of Your Life and Get Organized for People with ADHD, 2nd Edition a Revised and Updated presents a simple but