

This is a book to bring awareness of PTSD from Ex-service personnel and their families, written in the form of verse we try to explain our fears, hopes and the experiences we are and have gone through as a result of our past service. We hope to show you that although some of the people you may meet through everyday life may seem unsociable, and weird they are in fact people that have witnessed and suffered the severe trauma of combat and are just trying to find a way to cope with it and not inflict their fears upon others. PTSD is an invisible illness and sufferers tend to keep themselves solitary as it is an almost impossible thing to explain to others in a way they could understand. We hope that by reading this book many of you may come to a better understanding, respect and feeling of compassion of those in our society with this affliction.

Le Crime (A Louis Morgon Thriller Book 1), Retirement in Costa Rica: Discover Why, How and What You Need to Live in Costa Rica, A Fine Summers Day: An Inspector Ian Rutledge Mystery (Inspector Ian Rutledge Mysteries), Always Your Friend (Coca-Cola), End of the Beginning (Pearl Harbor),

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