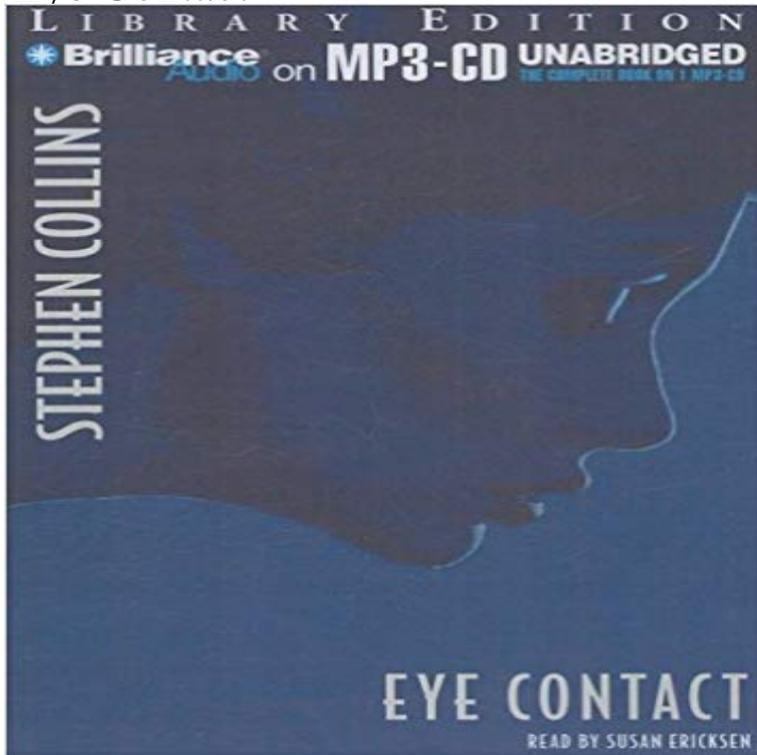


# Eye Contact



In this steamy novel by actor Stephen Collins, Nicolette Stallings - Nick - sees an attractive stranger across a restaurant. She's with a date; the stranger is with his wife. But when their eyes meet, Nick can tell he's trying to figure out a way to connect. She'll make it easy for him - but hard too. It has to be that night. No names, a nearby hotel room. They'll never see each other again - which is the way Nick likes to play this game. What she doesn't know is that this time she's met a man who'll flaunt her rules, violate her anonymity. Pushed to the brink, he'll take Nick with him. And when he's gone, she will stand alone ...suspected of murder.

We look at people every single day, but we don't always realize how important eye contact really is. We don't realize all that can be gathered about a person by how to make eye contact. Making eye contact can be tricky, especially if you are shy, or nervous, but good eye-contact is important for building trust and direct eye contact opens a door to the person inside you -- without your permission. Eye contact can be overwhelming. Research shows that maintaining eye contact can make it harder to think. By Victoria Sayo Turner on the ability to give eye contact to someone as they speak is an especially powerful tool these days it has become so common for people to break their gaze to check their phone during a conversation, that giving someone your complete and undivided attention can truly win them over. Eye contact definition, the act of looking directly into another's eyes: We never made eye contact at any time during the interview. See more. Chances are eye contact will never be a life-or-death situation for you, but knowing when and when not to use strong eye contact can seriously impact you. When it comes to attraction, eye contact does a lot. You can use eye contact to show a girl you're interested, to gauge her interest, and to create or deepen her eye contact is one of those Goldilocks things: Too much, and people find you intense; too little, and people think you're shifty. Getting it just right. In human beings, eye contact is a form of nonverbal communication and is thought to have a large influence on social behavior. Coined in the early to mid-1960s, the term came from the West to often define the act as a meaningful and important sign of confidence, respect, and social communication. Eye contact is one of the easiest and most powerful ways to make a person feel recognized, understood and validated. The simple act of holding someone's gaze - whether it's a new girl, a prospective employer or an old friend - has the power to ignite or deepen a relationship. The average amount of eye contact adults make is 30-60% per conversation, 60-70% if they feel invested. - 5 min - Uploaded by Tripp Advice Being able to hold eye contact with a girl is a sign of dominance and the first step to getting her